



**Stretch Net™ Tubular
Elastic Bandage
Illustrated Guide**

Stretch Net™ Bandage Illustrated Guide

Stretch Net™ Bandage FEATURES and BENEFITS

- Tubular elastic retention bandage that holds dressings in place without tape
- Allows easy wound inspection and quick application for wounds with frequent dressing changes
- Provides maximum aeration to wound
- Available in 13 sizes in 10-yard and 25-yard lengths to accommodate all body parts and patient sizes.
- Ideal for patients with fragile skin or who are allergic to tape
- Use as a retention dressing
- Available without natural rubber

Stretch Net™ Bandage is available in a variety of widths to fit all areas of the body.

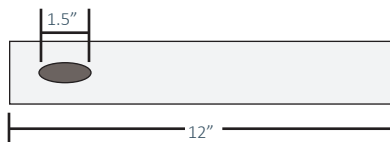
| Standard | | Thin | | | | | |
|-----------|-----------|------------------------------------|-----------|-----------|------|---------------------------|----------------------------|
| | | Not made with natural rubber latex | | | | | |
| 10 Yards | 25 Yards | 10 Yards | 25 Yards | 25 Yards | | | |
| Product # | Product # | Product # | Product # | Product # | Size | Approximate Circumference | Suggested Application |
| 10-7101 | 10-7125 | 10-7401 | 10-7421 | 15-7001 | 1 | 3" to 8" | Fingers, Toes |
| 10-7102 | 10-7126 | 10-7402 | 10-7422 | 15-7002 | 2 | 8" to 11" | Fingers, Wrist, Small Hand |
| 10-7103 | 10-7127 | 10-7403 | 10-7423 | 15-7003 | 3 | 11" to 16" | Hand, Elbow, Foot |
| 10-7104 | 10-7128 | 10-7404 | 10-7424 | 15-7004 | 4 | 16" to 22" | Hand, Elbow, Foot, Knee |
| 10-7105 | 10-7129 | 10-7405 | 10-7425 | 15-7005 | 5 | 22" to 26" | Calf, Thigh, Head |
| 10-7106 | 10-7130 | 10-7406 | 10-7426 | 15-7006 | 5½ | 26" to 35" | Small Chest, Axilla |
| 10-7107 | 10-7131 | 10-7407 | 10-7427 | 15-7007 | 6 | 35" to 42" | Abdomen, Thigh, Shoulder |
| 10-7108 | 10-7132 | 10-7408 | 10-7428 | 15-7008 | 7 | 42" to 52" | Chest, Axilla, Abdomen |
| 10-7109 | 10-7133 | 10-7409 | 10-7429 | 15-7009 | 8 | 52" to 58" | Chest, Axilla, Abdomen |
| 10-7110 | 10-7134 | 10-7410 | 10-7430 | 15-7010 | 9 | 58" to 64" | Chest, Axilla, Abdomen |
| 10-7111 | 10-7135 | 10-7411 | 10-7431 | 15-7011 | 10 | 64" to 72" | Chest, Axilla, Abdomen |
| 10-7112 | 10-7136 | 10-7412 | 10-7432 | 15-7012 | 11 | 72" to 80" | Extra Large Torso |
| 10-7113 | 10-7137 | 10-7413 | 10-7433 | 15-7013 | 12 | 80" to 86" | Extra Large Torso |
| 10-7114 | 10-7138 | N/A | N/A | N/A | 13 | 86" to 92" | Extra Large Torso |

Note: Appropriate size of Stretch Net™ Bandage depends on patient size. Avoid tight, constrictive application.

Stretch Net™ Bandage Illustrated Guide

Finger

- Use size 1 or 2.
- Cut a 12" piece of relaxed Stretch Net™ Bandage. Make a 1½" slit on one side, 2" from one end.



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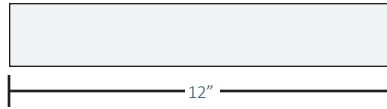


1. Starting with end farthest from slit, slip Stretch Net™ Bandage on finger with slit facing down.
2. Twist the remaining Stretch Net™ Bandage one complete turn until the slit faces down again. Gather the remaining Stretch Net™ Bandage up to the finger tip.
3. Pull Stretch Net™ Bandage back over finger, slipping hand through slit, and anchor to wrist. Complete dressing.

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Foot

- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™ Bandage.



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1. Slip Stretch Net onto the toes. Twist 2 times and then slip remaining Stretch Net™ Bandage over entire foot.
2. Clip threads to release pressure on heel.
3. Complete dressing.

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Elbow, Forearm, or Knee

- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™ Bandage.

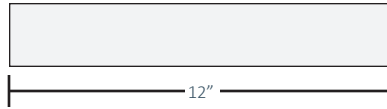


1. Insert both hands into tube and stretch over elbow to complete dressing.
2. Insert both hands into tube and stretch over knee to complete dressing.

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Hand

- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™ Bandage.



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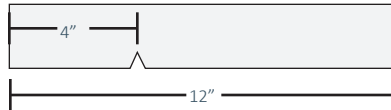


1. Slip Stretch Net™ Bandage over hand with the palm facing upward. Leave 3" extension beyond fingers.
2. At the tip of each finger cut 2 or 3 threads to release fingers.
3. Pull the extension down and tuck it under. Complete dressing.

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Head – Full Cap

- Use size 5 or 5½.
- Start with a 10" or 12" piece of Stretch Net™ Bandage.
- Seal one end of the Stretch Net™ Bandage by tying a knot. Make a 1" cut, 4" from the open end.



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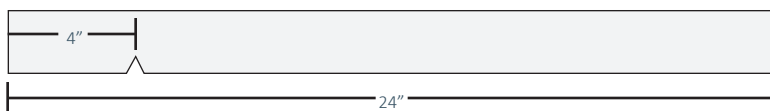


1. Place Stretch Net™ Bandage over the head with the hole facing forward. Position the lower portion over the chin.
2. Complete dressing.

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Hip or Thigh

- Use size 5½ or 6.
- Cut a 24" piece of Stretch Net™ Bandage. Make a 1" cut into the tube, 4" from one end.

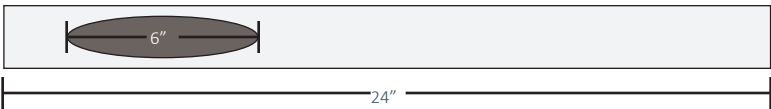


1. Starting with the end closest to cut, insert left hand into long portion of the tube and right hand into the tube down to the 1" cut. Now stretch apart to create a waist band.
2. Slip affected leg into Stretch Net™ Bandage.
3. Stretch the waist band open and stretch it over the unaffected leg.
4. Slip Stretch Net™ Bandage up to waist for complete dressing.

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Shoulder

- Use size 5½ or 6.
- Cut a 24" piece of Stretch Net™ Bandage. Make a 6" slit through one side of the tube, 2" from one end.



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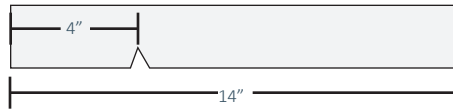


1. Starting with the end closest to the slit, slide Stretch Net™ Bandage onto arm, with cut facing up.
2. Pull the cut loop over the head and let rest under the opposite axilla. Complete dressing.

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Groin and Buttocks

- Use size 7 – 9.
- Cut a 14" piece of Stretch Net™ Bandage. Make a ½" cut, 4" from one end.



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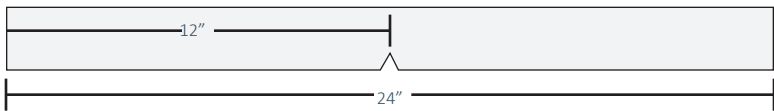


1. Put your hands into the tube in the end farthest from the cut. Allow your left hand to go through the cut and your right hand to go through the longer tube.
2. Now stretch to form a panty.
3. Slip patient into the panty.

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Genital and Anal

- Use size 7 – 10 depending on patient size.
- Cut a 24" piece of Stretch Net™ Bandage. In the middle of this piece make a 1" V cut.



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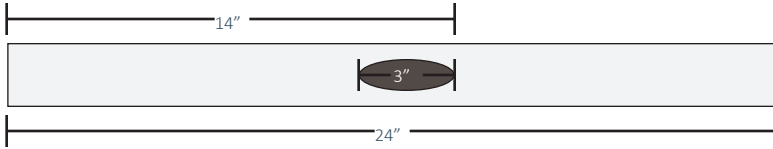


1. Beginning where the cut was made, insert both hands into one half of the tubing and stretch it sideways.
2. Insert both feet into the stretched half and pull it up over the waist. The second half should be in the back hanging like a tail.
3. Pull the tail between the legs and pull up over the genital area in a spreading motion.
4. Secure ends by tying them off in the front for a completed dressing.
5. Back view.

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Axilla or Breast

- Use size 7 – 10 depending on the size of the patient.
- Cut a 24" piece of Stretch Net™ Bandage. Make a 3" slit long ways in one side of the tube, 14" from one end.

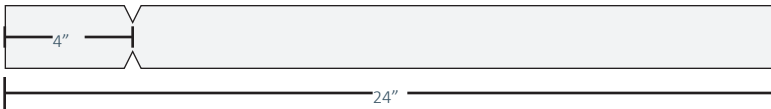


1. Starting with the end farthest from the slit, pass the Stretch Net™ Bandage over the arm up to the shoulder. Make sure to keep the cut facing up. Pass the cut loop over the head.
2. Continue stretching the cut over the opposite shoulder and arm allowing it to rest under the opposite axilla. Complete dressing.

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Chest

- Use size 7 – 11 depending on patient size.
- Cut a 24" piece of Stretch Net™ Bandage. Make a ½" cut on both sides, 4" from one end.



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1. Starting with the end farthest from cuts, gather Stretch Net™ and slip over head. Make sure to keep cuts to the sides.
2. Continue to stretch the Stretch Net™ Bandage over the shoulders and down the trunk.
3. Pass arms through holes. Complete dressing.



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